



THE SKIN WE'RE IN

We're forever skin first, but lately we've been paying more attention to the skin that's not on our face. For starters, Sarah is continuing her dual mission to try every body moisturiser on the market, and to force Sherine—who moisturises her limbs once a week, tops—to become a convert. And we're also talking about skin that's slightly more taboo: we discovered in a recent WhatsApp frenzy that we both deal with seasonal dandruff—good times! If that's you, too, don't worry, we've got you (and your itchy scalp) covered.

Sarah + Sherine

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INTERNET FAMOUS

IL MAKIAGE



This New York cosmetics brand was born in 1972, re-launched in 2018, and landed here in June.

The tech: It never asks for a photo; instead, a combo of AI, algorithm-backed questionnaire, and data on 700 different skin tone combinations, colour matches complexion products, with over 90% accuracy, according to the brand (they're so confident that they offer a 60-day money back guarantee if you're not happy with your shade match).

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That foundation: Woke Up Like This, \$68, has more than 350,000 online reviews, and 250k of these rate it at five stars. Impressive. It comes in 50 shades, and while the one I received was slightly too dark, to be fair, I didn't answer the questions properly (I was distracted by *Virgin River*).

The trial: I used the Foundation Blending Brush #100, \$67, to buff one pump over my whole face, and a second coat on one side of my face, to see how it layered (fine). The formula is light and creamy, the full-to-medium coverage is buildable, and the finish is matte, but not chalky or flat, and ten hours later, the foundation still looked fresh, with no fading, creasing or caking. I wasn't sure what role the primer played, so I tried it again without, and while I did have some shine in my t-zone, the rest of my face held up really well. The coverage was heavier than I usually go for, but I was told my skin, not my foundation, looked great.

Also: The brush was vv good, which surprised me as brushes usually leave me looking streaky.

But also: Consider adding Infinity Long-Wear Matte Lip Cream, \$39, to your cart. Soft, super-pigmented, and non-drying, I especially loved Royal (rosewood) and Geisha (red).

Sherine

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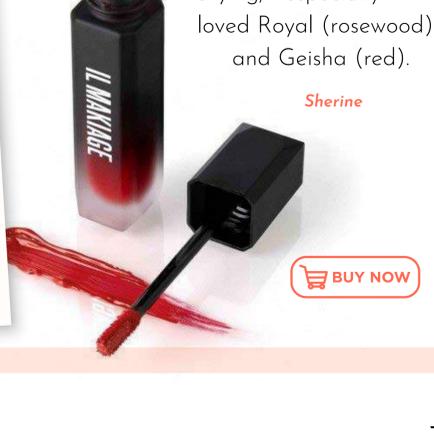


Image: ilmakeage.com

Here's a thing — According to a survey, 62% of Gen Zs say beauty brands edit and airbrush their photos too much, and 70% prefer it when content is not perfect. — Here's a thing

NOT NEW, JUST GREAT

Every winter, I get dandruff. Attractive? No. Normal? Yes. That's because scalp skin is essentially an extension of face skin, and can suffer some of the same issues when there's less humidity in the air and more indoor heating, like dryness and flakiness. It's why I keep a set of Head & Shoulders in the vanity, and use it whenever I need to—it works.

Bonus buys: I also tried a scalp serum and a couple of scalp masks (TBH you probs don't need a scalp mask, but maybe you're looking to shake up your shower routine?), and they all left my head feeling cool and comfortable.



← Briogeo Scalp Revival Charcoal + Tea Tree Cooling Hydration Scalp Mask, \$49, pairs soothing tea tree, peppermint and spearmint oils, with moisturising hyaluronic acid and aloe vera.

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Frank Body Exfoliating Scalp Serum, \$21.95, uses lactic acid to break down product build-up and remove dead skin cells, and witch hazel to relieve itchiness.

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Aveda Pramāsana Nourishing Scalp Masque, \$62, blends hydrating (coconut oil, shea butter) and exfoliating (lactic acid) ingredients, and has that signature, calming Aveda scent.



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Sherine



Image: aveda.com.au

Budget, but good

DB On the Go All-in-One Palette in Autumn Haze, \$17.99

The thing about face palettes is there's usually a dud shade that you give a pity run to, once or twice, because you feel sorry for it (just me?). Not this one. It's the perfect blend of mattes and shimmer, in actually flattering shades, and with a surprising amount of pigment for a product under \$20.

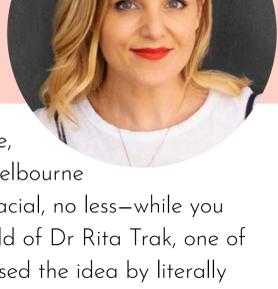
Sarah

[BUY NOW](#)



SO I TRIED...

DENTAL & SKIN CLINIC



"I can't wait to go to the dentist" said literally no one, ever. But that's because they haven't been to this Melbourne clinic, where you can get a facial—a SkinCeuticals facial, no less—while you get your teeth cleaned or whitened. It's the brainchild of Dr Rita Trak, one of the city's leading cosmetic dentists, who conceptualised the idea by literally thinking of all the reasons people hate going to the dentist, and then blowing them up. The spa-meets-interiors-mag space is all warm woods and meticulously composed vignettes, with a SkinCeuticals wall on one side, and a snack and coffee station on the other. I couldn't have my teeth whitened (bc breastfeeding), so instead was wrapped in a snugly blanket and given probably the most enjoyable teeth clean of my life (not an oxymoron!) with a light peel to finish. I'm pretty sure it's the only time I've walked out of the dentist glowing. It is, frankly, genius.

Sarah



Buy local. Feel good.

I've never met an oil I didn't want to literally bathe in, but there's something really special about the ones hand-crafted by niche Australian brands. Maybe it's the homegrown botanicals, or the warm fuzzies you get from supporting local, but I think you can just feel the love more when you know it's coming from a small-batch business in your own backyard. Here are a couple of beautiful blends my skin and I are loving right now.



Arithmos De-Stress Superfine Body Oil, \$72

The packaging for this body oil is so beautiful, I considered keeping it on my shelf to gaze at adoringly. Jokes, there's no way I'd waste a drop of this precious, I'm not an animal. Founded by an accountant-turned-cosmetic chemist, the Melbourne micro-batch brand uses ingredients that are seasonally sourced and harvested at their peak, so they're at optimal freshness when bottled. There are three hand-blended silky body oils in the range, but this is my fave because I'm forever a sandalwood fangirl.

[BUY NOW](#)



Avec Bioactive Nutrient Serum, \$195

With 14 botanicals in each bottle, including jojoba, chamomile and calendula, this serum-oil helps nourish and enhance elasticity for all skin types. The Currumbin Valley brand works directly with local farmers, who grow herbs just for them and ensure ingredients are picked at the optimal time for potency, before putting them through a 30-day herbal infusion and hand-bottling. For me, it's those little details, but also the surprisingly active yet lightweight formula, and the supersized bottle that lasts for months.

Sarah

[BUY NOW](#)

